HEALTH & SAFETY  LBC Stibbs 203

Health and safety look different for different people and in different countries. What are your personal health and safety needs, and how do those translate abroad? In this workshop, students will learn about health, safety, and associated risks while abroad and create a personalized health and safety plan while expanding their understanding of health, safety, and risk from non-US perspectives.

LANGUAGE HACKS  LBC Race 201

Learning and/or improving language skills is a goal that many students have when going abroad. While the language learning process is not the same for everyone, there are many different established strategies that can help students take advantage of their classes and abroad experiences. In this workshop, students will participate in activities and discussions to gain awareness of useful language learning strategies and enhance language learning.

LIVING LIKE A LOCAL  LBC Qatar 212

How can students maximize their immersion experiences abroad? Studying abroad can be a life-change experience for students. From enhancing your global network to experiencing a new culture, the benefits to your education and career are significant. This workshop will guide students through learning to maximize language development, managing homestays, and building relationships across cultures while providing tips on how to view cities from the perspective of a local.

LGBTQ+ & ALLIES ABROAD  LBC Lefkowitz 204

LGBTQ+ individuals must ask themselves a unique set of questions when considering what external factors may impact their overall experience and safety abroad. Studying abroad for LGBTQ+ students can be not only a life-changing educational experience, it can also present an opportunity to further awareness and acceptance of the LGBTQ+ community on a global scale. In this workshop, both LGBTQ+ students and allies will learn how to facilitate the safest and most fulfilling international education experience possible.
INTERSECTIONALITIES OF IDENTITIES: TRAVELING AS PEOPLE COLOR LBC McKeever 210

When studying and living abroad, students find that their identities are challenged. The culture, language, traditions, societal norms and structures of a host region can challenge one's backgrounds, beliefs and values. People of Color (POC) experience intersectionality of ethnic, racial, and national identity on a day-to-day basis in the United States. When translated to an international context, it can be difficult and often overwhelming to navigate perceptions of an identity that is challenged in a different way than when at home. New experiences with stereotypes, political opinions, and beauty standards that vary across different cultures can be stressful and cause difficulties to arise.

SREET HARASSMENT & GENDER IN A GLOBAL CONTEXT LBC Rechler 202

This discussion-based workshop will focus on how gender is interpreted and internalized both at home and abroad, and how to interact with a new environment with different gender norms from your own. This workshop will also focus on how to manage street harassment in a new culture and location. Note: This workshop is designed for women-identified people, but anyone who may benefit is welcome to attend.

THAT’S WEIRD: LANGUAGE, STEREOTYPES AND SOCIAL MEDIA IN INTERNATIONAL EXPERIENCES LBC Karachi 208

What factors shape new international experiences, and what are the effects that arise? Are we reinforcing stereotypes in social media? Is that a bad thing? This workshop will allow students to examine how we use descriptive language to describe new experiences, how stereotypes may affect new experiences (positively and negatively), as well as how we portray those experiences in social media.